



Ottawa Board of Health MINUTES 21

Monday, February 5, 2018, 5:00 PM

Champlain Room, 110 Laurier Avenue West

Contact for the Ottawa Board of Health:

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Board Members:

Chair: S. Qadri

Vice-Chair: J. Poirier

**Members: D. Chernushenko, M. Fleury, A. Kapur, L. Leikin, C. McKenney, S. Pinel,
M. Qaqish, M. Taylor, P. Tilley**

The Ottawa Board of Health met in the Champlain Room, 110 Laurier Avenue West, Ottawa, on Monday, February 5, 2018 beginning at 5:00 PM.

The Chair, Shad Qadri, presided over the meeting.

ANNOUNCEMENTS/CEREMONIAL ACTIVITIES

There were no announcements or ceremonial activities.

ROLL CALL

Vice-Chair Poirier and Member Kapur were absent from the meeting.

REGRETS

Vice-Chair Poirier and Member Kapur sent regrets.

DECLARATIONS OF PECUNIARY INTEREST (INCLUDING THOSE ORIGINALLY ARISING FROM PRIOR MEETINGS)

No declarations of pecuniary interest were filed.

CONFIRMATION OF MINUTES

Confirmation of minutes of the meeting of December 11, 2017.

CONFIRMED

COMMUNICATIONS

Six communication items have been received (held on file with Board of Health Secretary).

MOTION TO INTRODUCE REPORTS

Motion 21/01

Moved by Member Pinel

BE IT RESOLVED THAT the Confirmation of the Chair and Vice-Chair report, the Verbal Report by the Chair of the Board of Health, the Verbal Update by Dr. Vera Etches, Acting Medical Officer of Health, the Harm Reduction and Overdose Prevention – Follow-Up Report, the Preparing for the Legalization of Cannabis report, the Healthy Eating, Active Living: Have Your Say – Protecting Vulnerable Populations Through Restrictions in Marketing of Food and Beverages report, the Ottawa Board of Health Public Health Funding and Accountability Agreement - 2017 Year-End Results report, and the Attendance at the Association of Local Public Health Agencies' (Alpha) Board of Health Section Meeting report be received and considered;

AND BE IT FURTHER RESOLVED that the Rules of Procedure be suspended to receive and consider a presentation on the subject of “Options for the Recruitment, Selection and Appointment of a Medical Officer of Health”.

CARRIED

1. CONFIRMATION OF THE CHAIR AND VICE-CHAIR

That the Board of Health for the City of Ottawa Health Unit:

1. **Confirm the election of Councillor Shad Qadri as Chair for 2018, to be confirmed at the first meeting of each year of its term as required by the Health Protection and Promotion Act; and**
2. **Confirm the election of Member Jo-Anne Poirier as Vice-Chair for 2018, to be confirmed at the first meeting of each year of its term as required by the Health Protection and Promotion Act.**

CARRIED

Pursuant to section 5(2) of the *Procedure By-law*, the Board Secretary presided over the first recommendation with respect to the confirmation of the election of the Chair. Upon the carriage of recommendation one, Chair Qadri, having been confirmed as Chair, presided over the second recommendation with respect to the confirmation of the election of the Vice-Chair. Vice-Chair Poirier was confirmed as Vice-Chair of the Board.

2. CHAIR OF THE BOARD OF HEALTH VERBAL REPORT

ACS2018-OPH-BOH-0002

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

RECEIVED

Chair Qadri provided the Board with an update on recent events. The Chair's verbal report took approximately five minutes. The attached memo includes the Chair of the Board of Health Verbal Update. The report was then received by the Board.

3. MEDICAL OFFICER OF HEALTH VERBAL REPORT

ACS2018-OPH-MOH-001

That the Board of Health for the City of Ottawa Health Unit receive this report for information.

RECEIVED

Dr. Very Etches, Interim Medical Officer of Health, provided the Board with an update on recent events. This verbal update lasted approximately fifteen minutes. The attached memo includes her Verbal Update. The report was then received by the Board.

4. HARM REDUCTION AND OVERDOSE PREVENTION – FOLLOW-UP REPORT

ACS2018-OPH-HPS-0001

That the Board of Health for the City of Ottawa Health Unit:

- 1. Receive, for information, the evaluation of the interim Supervised Injection Service, as summarized in this report and detailed in Document1;**
- 2. Approve that a permanent supervised consumption site (SCS) be established at 179 Clarence Street, to be operated by OPH, and that Ottawa Public Health (OPH) submit a request to the Ministry of Health and Long-Term Care (MOHLTC) for ongoing base and one-time capital funding (100%) in order to provide the permanent SCS, as outlined in this report; and**
- 3. Approve that Ottawa Public Health work with partners to prepare for a comprehensive overdose cluster prevention and response across**

the City of Ottawa, as described in this report.

CARRIED

Mr. Andrew Hendriks, Director of Health Protection, spoke to a PowerPoint presentation, which served to provide the Board with an overview of the report. Mr. Hendriks was accompanied by Ms. Kira Mandryk, Supervisor, Harm Reduction Services, and Mr. Cal Martell, Vice-President of Integration, Champlain Local Health Integration Network (LHIN). For his part, Mr. Martell spoke to a PowerPoint presentation in which he outlined the Champlain LHIN's role and investments with respect to opioid addiction prevention and treatment as well as system navigation.

A copy of both presentations is held on file with the Board of Health Secretary.

The following delegations addressed the Board on this topic:

- Simone Thibault, Executive Director of the Centretown Community Health Centre and Joanna Binch, Nurse Practitioner with the Somerset West Community Health Centre;
- Naini Cloutier, Executive Director of the Somerset West Community Health Centre, accompanied by peer educators Karen Whitehead and Mika Conboy; and
- Guy Annable, resident.

After hearing from the delegations, Mr. Hendriks and Mr. Martell resumed taking questions from Board members. Discussion on this item lasted approximately 95 minutes. Following these exchanges, the Board approved the report recommendations.

At 6:55 p.m., during discussion of this item, the Board considered the following motion, to extend the time of the meeting.

Motion 21/02

Moved by Member Pinel

BE IT RESOLVED THAT the Board of Health approve that the meeting time be extended past 7:00 p.m. pursuant to Subsection 8.(1)(c) of the

Procedural By-law.

CARRIED

5. PREPARING FOR THE LEGALIZATION OF NON-MEDICAL CANNABIS

ACS2018-OPH-HPP-0002

That the Board of Health for the City of Ottawa Health Unit:

- 1. Receive, for information, the Acting Medical Officer of Health's submission to the Health Canada consultation regarding the Federal government's proposed approach to the regulation of cannabis, as outlined in Document 1, attached;**
- 2. Adopt a formal Ottawa Board of Health position on the regulations for cannabis production, packaging and labelling, based on the recommendations outlined in Document 1, attached; and**
- 3. Receive, for information, Ottawa Public Health's plan to reduce the harms from cannabis use.**

CARRIED, as amended by Motion 21/03

Ms. Gillian Connelly, Manager of Healthy Communities, accompanied by Ms. Jessica Brett, Public Health Nurse, Chronic Disease Prevention, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. A copy of the presentation is held on file with the Board of Health Secretary.

Following the presentation, Ms. Connelly and Dr. Etches responded to questions from Board Members. This discussion lasted approximately 35 minutes. Following these exchanges, the Board approved the report recommendations, as amended by Motion 21/03.

Motion 21/03

Moved by Member Pinel

WHEREAS page 5 of the report titled “Preparing for the Legalization of Non-Medical Cannabis” speaks a number of regulatory proposals that accompanied the recently passed provincial *Cannabis Act*, one of which closes on February 7; and

WHEREAS on February 3, 2018, Board Members were circulated Ottawa Public Health’s proposed submission to the Ontario government on proposed regulations relating to cannabis retail and distribution;

THEREFORE BE IT RESOLVED that the Board of Health for the City of Ottawa Health Unit receive the proposed submission to the Ontario government on proposed regulations relating to cannabis retail and distribution, circulated to Board Members on February 3, 2018, as Document 4 to the report titled “Preparing for the Legalization of Non-Medical Cannabis”; and

BE IT FURTHER RESOLVED that the Board of Health for the City of Ottawa Health Unit adopt, as its formal position, the proposed submission to the Ontario government on proposed regulations relating to cannabis retail and distribution, as outlined in Document 4 and direct the Board Secretary to submit it to the Ontario Government in advance of its deadline of February 7, 2018.

CARRIED

6. HEALTHY EATING, ACTIVE LIVING – MARKETING OF UNHEALTHY FOOD AND BEVERAGES: NEXT STEPS

ACS2018-OPH-HPP-0002

That the Board of Health for the City of Ottawa Health Unit

1. **Receive, for information, the results of the consultation for marketing of unhealthy food and beverages to children and youth in Ottawa 2017, as detailed in Document 3; and**
2. **Approve Ottawa Public Health's 2018 Approach to Marketing Unhealthy Food and Beverages to Children and Youth, as described in this report.**

CARRIED

Ms. Gillian Connelly, Manager of Healthy Communities, accompanied by Ms. Sonia Jean-Phillipe and Ms. Emily Spencer, Public Health Nutritionists, spoke to a PowerPoint presentation, which served to provide the Board with some context on this report. A copy of the presentation is held on file with the Board of Health Secretary.

Following the presentation, Ms. Connelly responded to questions from Board Members. This discussion lasted approximately 10 minutes. Following these exchanges, the Board approved the report recommendations.

7. **OTTAWA BOARD OF HEALTH PUBLIC HEALTH FUNDING AND ACCOUNTABILITY AGREEMENT – 2017 YEAR-END RESULTS**

ACS2018-OPH-KPQ-0001

That the Board of Health for the City of Ottawa Health Unit receive for information the 2017 year-end results and related information, as outlined in this report.

RECEIVED

8. ATTENDANCE AT THE ASSOCIATION OF LOCAL PUBLIC HEALTH AGENCIES' (aIPHa) BOARD OF HEALTH SECTION MEETING

ACS2018-OPH-MOH-0002

That the Board of Health for the City of Ottawa Health Unit approve the attendance of Member Qaqish at the Association of Local Public Health Agencies' (aIPHa) Board of Health Section Meeting, to be held February 23, 2018 in Toronto.

CARRIED

9. OPTIONS FOR THE RECRUITMENT, SELECTION AND APPOINTMENT OF A MEDICAL OFFICER OF HEALTH

ACS2018-OPH-BOH-0003

That the Board of Health for the City of Ottawa Health Unit receive this item for information with respect to options for the recruitment, selection and appointment of a Medical Officer of Health, including the timelines and cost implications related to same, as outlined in the presentation.

RECEIVED, as amended by Motion 21/04

Chair Qadri introduced this item. Following these opening remarks, Board Members received a presentation from Ms. Valérie Bietlot, Acting Program Manager with OPH and Legal Counsel with the City of Ottawa. The presentation outlined the legislative requirements and Ministry guidelines with respect to the recruitment, selection and appointment of a Medical Officer of Health and provided an overview of options available to the Board, based on precedent. Following the presentation, the Board approved Motion 21/04 and RECEIVED this item, as amended by the aforementioned motion.

Motion 21/04

Moved by Member Fleury

WHEREAS on November 8, 2017, Dr. Isra Levy provided notice of his resignation from the City of Ottawa Health Unit, effective January 8, 2018; and

WHEREAS at a special meeting held on November 14, 2017, the Board of Health approved the appointment of Dr. Vera Etches as Acting Medical Officer of Health until such time as Council appoints a new Medical Officer of Health; and

WHEREAS at its meeting of February 5, 2018, the Board of Health received information with respect to the legislative requirements and guidelines of the Ministry of Health and Long Term-Care as well as options for the selection and appointment of a Medical Officer of Health; and

WHEREAS the selection and appointment of a new Medical Officer of Health is one of the most significant tasks undertaken by a Board of Health; and

WHEREAS the position of the Medical Officer of Health as head of the Ottawa Public Health Unit makes it important that the Board seize the initiative as it relates to the “next steps” in this matter;

THEREFORE BE IT RESOLVED that the Board of Health for the City of Ottawa Health Unit establish a Sponsors Group comprised of no less than three (3) Board Members, namely Mark Taylor, Peter Tilley and Shad Qadri; and

BE IT FURTHER RESOLVED that the Sponsors Group be tasked with the responsibility of further exploring the options for the selection and appointment of a new Medical Officer of Health and report back to the Board at its April meeting with recommendations on how to move forward; and

BE IT FURTHER RESOLVED that the work of the Sponsors Group should include, but not be limited to, the following areas:

- a) Timeline implications;

- b) **Cost implications;**
- c) **Precedent for such processes; and**
- d) **The potential pool of qualified candidates.**

CARRIED

MOTION TO ADOPT REPORTS

Motion 21/05

Moved by Member Pinel

BE IT RESOLVED THAT the Confirmation of the Chair and Vice-Chair report, the Verbal Report by the Chair of the Board of Health, the Verbal Update by Dr. Vera Etches, Acting Medical Officer of Health, the Harm Reduction and Overdose Prevention – Follow-Up Report, the Preparing for the Legalization of Cannabis report, the Healthy Eating, Active Living: Have Your Say – Protecting Vulnerable Populations Through Restrictions in Marketing of Food and Beverages report, the Ottawa Board of Health Public Health Funding and Accountability Agreement - 2017 Year-End Results report, the Attendance at the Association of Local Public Health Agencies' (Alpha) Board of Health Section Meeting report and the item titled Options for the Recruitment, Selection and Appointment of a Medical Officer of Health be received and adopted, as amended.

CARRIED

MOTIONS OF WHICH NOTICE HAS BEEN GIVEN PREVIOUSLY

There were no motions of which notice had been given previously.

NOTICES OF MOTION (FOR CONSIDERATION AT SUBSEQUENT MEETING)

There were no Notice of Motions (for consideration at a subsequent meeting).

MOTIONS REQUIRING SUSPENSION OF THE RULES OF PROCEDURE

As noted in the motion to introduce reports.

INQUIRIES AND ANSWERS

There were no inquiries.

CONFIRMATION BY-LAW

Motion 21/06

Moved by Member Pinel

BE IT RESOLVED THAT Confirmation By-law no. 2018-1, a by-law of the Board of Health for the City of Ottawa Health Unit to confirm the proceedings of the Ottawa Board of Health at its meeting of February 5, 2018, be read and passed.

CARRIED

ADJOURNMENT

The Board adjourned the meeting at 8:25 p.m.

OTTAWA BOARD OF HEALTH

NEXT MEETING

Regular Meeting

Monday, April 16, 2018 - 5:00 PM, Champlain Room, 110 Laurier Avenue West

BOARD SECRETARY

BOARD CHAIR

DRAFT

Ottawa Board of Health Meeting

Notes for Chair Shad Qadri

Monday, February 5, 2018

Good evening, Bonsoir,

Welcome to our first meeting of 2018. Thank you to all my Board of Health colleagues for your continued confidence in my leadership. I look forward to continuing my service as Chair of the Board in 2018.

I would like to begin tonight's verbal update by recognizing that we are meeting on traditional Algonquin territory. As we meet on this land, I know that Ottawa Public Health continues its efforts to promote reconciliation and to advance Indigenous health equity in Ottawa.

This winter, we have experienced some challenging weather patterns. We know that extreme weather can affect the health of residents. Ottawa Public Health has issued six frostbite advisories reminding residents to dress for the weather, monitor local forecasts and walk safely to prevent falls.

In mid-January, Dr. Etches and I, along with a few other OPH staff, met with representatives from Hard Rock Ottawa to look at ways to work

together to minimize the harms of gambling. The meeting was productive, discussions will be ongoing and the Board will be updated as things progress.

As you know, January 31st was Bell Let's Talk Day. An annual event that continues a nation-wide conversation about mental health awareness and aims to reduce the stigma associated with mental illness at the same time as it raises much-needed funds to support programs and services. Mental illness affects people of all ages and from all walks of life. Many people living with a mental illness report that negative stereotypes cause them more suffering than the illness itself. As a result, two thirds of those living with a mental illness are afraid to reach out for help. On January 31st, Bell donated 5 cents to Canadian mental health programs for various online and telephone interactions. Through this initiative, Bell has supported Ottawa Public Health's mental health programming, including the [have THAT talk](#) video campaign. Thank you to all of those who joined us as we worked together to break down the stigma that surrounds mental illness.

▼
I was also honoured to be able to start the New Year with OPH staff at their annual All-Staff Meeting. I took this opportunity to talk about some of OPH's successes in 2017 and look ahead to the New Year. I see many opportunities ahead in 2018 to improve to community's health and I shared

my enthusiasm for the new year with staff. I was joined by Member Pinel of the Board of Health and would like to thank her for being with us that morning.

Finally, on Wednesday, the Mayor tabled a Notice of Motion at City Council proposing that we formally ask Ontario's Minister of Health and Long-Term Care for additional investments for mental health and addictions treatment services in Ottawa. I seconded the motion, which proposes a focus on early intervention for children and youth, assisting people with lived experience in system navigation, rapid access addictions medicine clinics and treatment facilities, community-based withdrawal management, and support for primary care physicians to provide appropriate pain management and treatment for opioid use disorder. Council will be voting on the motion at its next meeting, scheduled for Wednesday, February 14th, and I will keep our Board members of aware of any developments.

We have a full agenda this evening, so I will conclude here and give Dr. Etches the floor.

Ottawa Board of Health Meeting

Notes for Dr. Vera Etches

Monday, February 5, 2018

Good evening, Bonsoir,

I would also like to begin by recognizing that we are meeting on unceded Algonquin territory. I am grateful for the leadership that Dr. Levy provided to OPH on the topics of reconciliation and Indigenous health and I am committed to continuing to advance health equity with First Nation, Inuit and Metis populations in the region.

While only one month in to 2018, I have updates on local matters, provincial work and collaboration with other health units to share with you.

Locally

Last week, there was an increased number of unusual overdoses in our community. According to Inner City Health, the overdoses included severe symptoms requiring 3-4 doses of naloxone to reverse. In addition, the overdoses resulted in a significant neurological reaction that is often associated with carfentanyl. The SIS that OPH operates also had to respond to more overdoses and call 911 more than usual. OPH alerted the Overdose Prevention and Response Taskforce and worked with partners to raise awareness about these adverse reactions, share information on supervised injection services, encourage overdose prevention and promote take-home naloxone.

You may have noticed, or even experienced yourself, that the influenza virus is still alive and well in our community. Although influenza A activity is within expected levels for this time of year, influenza B activity is much higher at this time, as compared to previous seasons. Vaccine effectiveness data was just released last week and shows that, while the effectiveness for preventing influenza A was low, 17%, the vaccine effectiveness against influenza B has been 55% percent. Complications from the flu can include pneumonia, and the flu can lead to hospitalization and even death, especially among our most vulnerable populations. Children under five years of age, people over 65 years old, pregnant women and people with underlying health conditions are more susceptible. Residents are still encouraged to get the flu shot through primary care providers, local pharmacies, the Ottawa Paramedics-Community Paramedicine Program and by appointment for children under 5 at OPH's immunization clinic at 100 Constellation Drive. OPH has also notified area vaccine providers that the Quadrivalent flu vaccine is now publicly funded and available for adults as well as children. The quadrivalent vaccine is the only inactivated flu vaccine that offers protection against the main circulating Influenza B strain.

Another defense against the flu is proper hand hygiene. As you know, hand washing, and use of hand sanitizer as appropriate, can reduce the spread of infectious diseases in our community. Hospitals have asked for our help in communicating hand hygiene messages. We have been supporting them with this messaging and continue to remind residents that Ottawa's health is in their hands.

We are also pleased to continue to support our local hospitals with their smoke-free policies. Under the *Smoke-Free Ontario Act* (SFOA), the outdoor grounds of all Ontario hospitals have been 100% smoke-free as of January 1, 2018. OPH has been working with our partners in By-law Services and the hospitals on implementation of the smoke-free hospital grounds.

Another piece of positive news around smoke-free spaces pertains to the constitutional challenge on the Water Pipes in Public Places and Workplaces by-law. You may recall that the challenge filed with the courts claimed that the by-law violated rights guaranteed by the Charter of Rights and Freedoms. I am pleased to say that, while the challenge was due to be heard this month, the challenge has been withdrawn.

Lastly on the local front, in follow-up to the last board meeting, consultations with community partners are currently under way regarding what is needed to address bed bugs in our city. And, OPH is preparing the Annual Service Plan submission to the Ministry of Health and Long-Term Care is underway, as directed when the budget was approved in December. The plan will be submitted by the March 1st deadline.

Provincially

The Ministry of Health and Long-Term Care is signaling that they will move forward with regulations for Personal Service Settings as early as this summer. As we have shared with this Board, ensuring PSS clients and employees are protected through regulation can help prevent the spread of infectious diseases, such as Hepatitis B (HBV), Hepatitis

C (HCV) and Human Immunodeficiency Virus (HIV). We have been working on a municipal by-law that would require registration with OPH and enable public health inspectors to issue fines to businesses not upholding required infection prevention and control practices. OPH will await the details of the provincial regulation with great interest and will reassess whether a local by-law is still needed once we see the final regulations.

As you may be aware, the Province is currently conducting pre-Budget consultations. OPH attended the Ottawa consultation where we highlighted the requirement for additional spending on harm reduction services, early years programming, meeting the funding gaps and inequities in public health funding and, of course, to support the city wide preparedness for cannabis legalization.

Collaborative work across the region

Ottawa Public Health is bringing our neighbouring health units together to collaborate with the Champlain LHIN. OPH, Renfrew County and District Public Health, the Eastern Ontario Public Health Unit, and the Leeds, Grenville and Lanark Public Health Unit will jointly focus on youth substance misuse across the region, supported by one-time funding the Champlain LHIN granted to The Royal Ottawa Mental Health Centre.

The project will include awareness and education training for adults and youth workers to disseminate relevant health information to youth in the community. The health units will work with a number of partners utilizing similar approaches as implemented in the

school system. We are excited about this opportunity and I look forward to collaborating with other health units and community partners.

Mr. Chair that concludes my verbal update. Merci beaucoup. I am happy to answer any questions.

DRAFT