

Document 2: List of Community Support Agencies

Check the [snow go map](#) [PDF - 1 MB] to find the agency that services your neighbourhood.

1. Centre de services Guigues

- **Geographic Area:** French language services
- **Postal Codes:** City wide
- **Phone:** 613-241-1266, ext. 258

2. The Glebe Centre Inc. (Abbotsford House)

- **Geographic Area:** Serving the Glebe, Old Ottawa East, Old Ottawa South, Carleton Heights, Heron Park, Riverside Park and West Hunt Club
- **Postal Codes:** K1G (part), K1H (part), K1S, K1V (part), K2C (part)
- **Phone:** 613-230-5730

3. The Olde Forge Community Resource Centre

- **Geographic Area:** Serving between the Ottawa River and Baseline Rd., Woodroffe Ave. north of the Queensway, Clyde, south of the Queensway
- **Postal Codes:** K2B, K2C (part)
- **Phone:** 613-829-9777

4. Ottawa West Community Support

- **Geographic Area:** Serving between the Ottawa River and Baseline Rd., east of Woodroffe Ave. and west of Preston St.
- **Postal Codes:** K1Y, K1Z, K2A, K2C (part)
- **Phone:** 613-728-6016

5. South-East Ottawa Community Health Centre

- **Geographic Area:** Serving between Industrial Ave. and Hunt Club Rd. between St. Laurent Blvd. and Bank St.
- **Postal Codes:** K1B (part), K1G (part), K1H (part), K1V (part)
- **Phone:** 613-737-5115, ext. 2325

6. The Good Companions Seniors' Support Services

- **Geographic Area:** Serving between the Queensway and the Ottawa River, between Blair Rd. and Preston St. Includes the Avenues
- **Postal Codes:** K1G (part), K1K, K1L, K1M, K1N, K1P, K1R, K2P

- **Phone:** 613-236-0428

7. Eastern Ottawa Resource Centre

- **Geographic Area:** Serving Eastern Ottawa including Cumberland, Gloucester
- **Postal Codes:** K1B (part), K1C, K1E, K1J, K1T, K1W, K2G, K4A, K4B, K4C, K4R, K0A (part)
- **Phone:** 613-741-6025, ext. 326

8. Western Ottawa Community Resource Centre

- **Geographic Area:** Serving west of Fisher Ave. south of Baseline Rd, including Bells Corners, Barrhaven, Kanata, Stittsville, Carp and West Carleton.
- **Postal Codes:** K2E, K2G, K2H, K2J, K2K, K2L, K2M, K2, K2S, K2T, K2V, K2W, K0A (part)
- **Phone:** 613-591-3686

9. Rural Ottawa South Support Services

- **Geographic Area:** Serving Osgoode and rural Rideau-Goulbourn Wards. Includes Manotick, Richmond and North Gower
- **Postal Codes:** K1X, K4M, K4P, K0A (part)
- **Phone:** 613-692-4697, ext. 241